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# The Magic<sup>©</sup> of Attitudes

Achieving Personal and Professional Success

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## Objective

The greatest resource we have today is the human resource. We do not need different people. We do need to help these people that we already have to be more effective. This is the challenge that faces us today. And this is the challenge that **THE MAGIC OF ATTITUDES** is structured to meet.

Harvard psychologist, Prof. William James, said that the average man uses only about 10% of his talent potentials. Can we then tap into the 90% that is hidden within each of us? However, just as

*You cannot read a book,  
thread a needle,  
or admire a painting in a dark room;  
You cannot achieve, grow and succeed  
with a mind darkened with limitations,  
fears and other negative thoughts.*

**THE MAGIC OF ATTITUDES** is a way of turning on a light in the dark room. This workshop helps you discover how best you can have a positive mind; a positive outlook. A positive thinking to welcome each day with interest and zest, a new experience. It guides you in analysing your strengths and weaknesses and how to make the best of them, develop self-confidence and gain control and mastery over your thoughts. It is like becoming a new person.

## For Who

Executives, administrative and professional staff who aspire to achieve personal and professional success.



*Need more information?*

Kelvin Ong @ HP: 9 68 68 268

## Workshop Content

### 2-Day Workshop

- Communication Skills - our attitudes and its effect on communications.
- Attitude Awareness – how our attitude affect our life and what we can do about it.
- Developing Self Confidence – use of positive affirmations; analysing our emotional responses.
- Interpersonal relationship – developing a good understanding of people
- Your personality – rules to a more pleasing personality; personal needs analysis.
- Leadership & Goals – analyse your personal values; power of motivation

## Workshop Leader

**Kelvin Ong, MSc, DTM** has 18 years experience in training and personal development. He is the First District Governor of the Pan-Southeast Asia Toastmasters District. He is also the only member in Asia to be named to the President's Circle, Toastmasters International Hall of Fame. Kelvin holds a Master of Science degree in Training with the University of Leicester, UK and a Diploma in Training and Development Management with the Institute of Training Development (ITD), UK. He specialises in personal development, train-the-trainer and service skills training. He is a certified workshop facilitator of Personal Dynamics Institute (USA). He was also a certified facilitator for 7 Habits of Highly Effective People when he was the Training Manager of NUH. A freelance trainer with NUS, SIM SHRI and several other institutions, Kelvin is also a founder member of MENSA Singapore. He is the co-author of the book "From Dream to Reality".

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Other courses available: Making Training Fun \* The Competent Trainer \* The Competent Manager \* The Competent Presenter

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